

Kara Morris, HTP, LMT

Disclosures and Client Consent for Treatment

I understand that:

- Kara Morris (Practitioner) is a massage therapist licensed in the state of Colorado having completed the 700 hour certification program at the Colorado School of Healing Arts, and offers Swedish, Advanced Light Swedish, Sports, Deep Tissue, Neuromuscular massage.
- The practitioner has completed all coursework and training in Healing Touch Program techniques, and has received the Healing Touch Practitioner credential under the standards of practice adhering to the Healing Touch program scope of practice.
- The practitioner has completed training and coursework of Advanced Chakra Diagnosis and Treatment, and Master Level Hara Training through Energy Medicine Specialists located in Highlands Ranch, CO.
- The practitioner has completed basic and advanced Tuning Fork Sound Therapy training through School for Inner Sound. Tuning Fork sound therapy is intended for relaxation. During a session, activated tuning forks are momentarily held to the ear canals. Unless a session is combined with a massage, I am not required to undress.
- The practitioner is not a certified aromatherapist; however, select essential oils may be used upon client request. Essential oils may be used topically only when diluted in an appropriate carrier oil. Essential oils will not be administered orally, and will not be administered to women who are pregnant or breastfeeding. The practitioner has researched essential oil safety guidelines using Robert Tisserand and Rodney Young's reference guide Essential Oil Safety.
- When receiving massage therapy, I am allowed to undress to my comfort level, even if that means remaining fully clothed. The massage will be modified to accommodate my comfort level. If I choose to fully undress, I will be safely and professionally draped at all times.
- Biofield Therapy is intended to clear and balance the human energy field. The practitioner will consciously use their hands in an intentional way to support and facilitate physical, emotional, mental, and spiritual health. Unless a Biofield Therapy session is combined with a massage, I will remain fully clothed and the practitioner will use light touch on or above the body.
- The Practitioner is not a licensed physician and does not diagnose or treat disease. Biofield Therapy, Massage Therapy, and Tuning Fork Sound Therapy sessions are not meant to be a substitute or replacement for treatment by established medical practices, but a compliment to them.
- If I have received a professional diagnosis for a physical or mental health condition and am under the care of a licensed professional, the practitioner recommends consulting with that professional before making any changes to the established care plan.
- No guarantees as to the results of treatment are expressed or implied by the practitioner.

- **I UNDERSTAND THAT ALL ISSUES RELATED TO MY SESSIONS WILL BE KEPT IN CONFIDENCE UNLESS SPECIFIED IN WRITING, OR GOVERNED BY LAW**

_____ I acknowledge the scope of practice of the practitioner and the services offered. The practitioner is not a psychic medium, and does not claim to be. If the practitioner receives intuitive information, I do _____ do not _____ wish for that information to be shared with me.

I agree to:

- Raise any questions about anything I do not understand, at any time before, during, or prior to a session.
- Take full responsibility for my own health care
- Give consent to Kara Morris to conduct a session for Massage Therapy, Biofield Therapy, or a combination of both modalities.

Cancellation Policy:

- If you must cancel a session, please cancel 24 hours prior to the start time of the session. If you do not, because I cannot book another client in the time slot I have reserved for you, I will ask you to pay for the missed session. (Of course, in the case of an emergency such as an accident or serious illness the fee for the late cancellation will not be charged.)

Date: _____

Printed Name: _____

Signature: _____
(Legal Guardian if under 18 years old)